

Empathy

Putting yourself in somebody else's shoes means that you **try to understand** what they're going through and how they're feeling, especially if you've had the same kind of experience. When my best friend's dog was sick, I knew that she was feeling scared and sad because that was how I felt when my hamster was sick. I got it! Understanding how someone else is feeling is showing empathy.

Have you ever put yourself
in somebody else's shoes?





Generosity

Have you ever given someone you don't even know something they really need? Last year, after hearing about a young family who lost their home in a big storm, we decided to try to help. So, we gathered food, bottles of water, and clothing and sent it to them. Being as generous as we could to help this family **made everybody feel happy.**

What have you done to be generous to others?



Kindness

My grandpa has the biggest heart! He's always there for me, especially when I need help putting together a school project. I will never forget all the time we spent together building a birdhouse. **Grandpa even gave up watching a football game to help me!** Now I know why we call him a Gentle Giant because not only is he big and tall, he's also as gentle and kind.

Who shows you kindness?

